

Specification of courses for the book of courses

Study program		Preschool teacher	
Module		/	
Type and level of studies		Basic vocational studies - 1st level study program (professional bachelor degree)	
Name of the subject		Physical Education Teaching Methodology 1	
Teacher (for lectures)		Natasa Sturza Milic, PhD	
Teacher/associate (for practical classes)		Natasa Sturza Milic, PhD	
Teacher/associate (for other forms of teaching)		/	
Year of study when the component is delivered		3	
Semester/trimester when the component is delivered		5	
Number of ECTS		4	Status of the course (compulsory/optional) compulsory
Condition		/	
Goal of the course	The objective of the course is that students understand the importance of motor and physical development in the context of holistic development; to recognize motor and body characteristics of children, possible problems in motor behavior and characteristics of motorically gifted children; to understand the role and significance of physical education methods, the integrity of children's development and the importance of physical education and trends; to recognize characteristics of and organization of physical education and physical activity; recognize and plan goals, tasks, methods, forms and content of physical education; to master the methods of monitoring and documenting. Motor behavior and learning of children; to recognize the importance of cooperation in preschool physical education and to understand, use and critically analyze		
The outcome of the course	After the successful completion of the course, students should be able to: understand the significance and characteristics of motor and physical development of children in the context of holistic development; evaluate and document children's motor behavior, development and learning; understand the goal, tasks, subject and interdisciplinary methods of physical education; understand the contribution of physical education and physical activity to the overall development and health of children; recognize and plan objectives, tasks, principles, methods and forms of physical education; recognize, plan and evaluate different means and contents of physical education; they act as a healthy lifestyle for children and adults and act accordingly, understand, use and critically analyze professional literature in the field of physical education.		
Course content			
Theory classes	Motor and physical development of preschool children as part of integral development; characteristics and indicators of motor and physical development of children; development, characteristics and assessment of natural forms of movement; development and assessment of motor skills; importance and characteristics of physical activity of children; motor development disorders; motorically gifted children; concept and definition of physical education and methodology of physical education; object, goal, tasks and interdisciplinarity of physical education and methodologies of physical education; methodological principles and principles of physical education; methods and forms of work in physical education; means of physical education (natural forms of movement, motor games, dancing, natural and material factors, aids).		
Practical classes (other forms of teaching, research work during the studies)	Evaluation, monitoring and documentation of motor behavior of children; formulating goals and tasks for specific content of physical education; application of methods and forms of educational work in physical education; application and selection of physical education resources in working with children (examples of natural movements, motor games, exercises, dance activities, hygiene and material factors, devices and props (making).		
Bibliography			
1	Стурза-Милић, Н. (2014): <i>Физичка активност и моторички развој деце јасленог и предшколског</i>		
2	Сабо, Е. (2013): <i>Методика физичког васпитања деце пред. узраста (теорија и пракса)</i> .		
3	Стурза-Милић, Н. (2013): Развијање свести студената о значају свакодневне физичке активности –		
4	Стурза-Милић, Н. (2009): <i>Идентификација моторички даровитих ученика</i> , поглавља: 1.11.		
5	/		
Number of active classes per week during a semester/trimester/ year			
Lectures	Practical classes	Research work during the course	Other classes
3	1		
Teaching methods	Academic presentation, discussion on a pre-announced topic, written student work, comparisons, learning by discovery, interactive learning, creating new ideas and relationships, practical work and searching for information on the Internet.		
Mode of delivery		face-to-face	
Knowledge assessment (maximum number of points 100)			
Pre-exam obligations	Points	Final exam	Points
In class activity	10	Written exam	/
Practical classes	15	Oral exam	50
Colloquium	20		
Seminar papers	5		
Language of instruction	Serbian/English		